

Bits and Pieces

Newsletter

October 2014



Next Meeting

October 13, 2014
(note the date!)

Lynda MH Faires

Clothing as Art

Food, shelter, clothing. Three essentials for human life. Once these essentials have been secured at the survival level, it seems to be natural creative human nature to elaborate, embellish, extend, and contextualize. Food becomes cuisine, shelter becomes architecture, and clothing becomes art.

In this program we will explore the role of clothing as art in human society through various times, places, and cultures. From primitive jungle tribes to Paris runways, clothing reflects the mood, mores, and ethos of the society in which it is created. Clothing sets the tone and enhances the meaning of deeply religious ceremonies as well as outrageous festivities like Mardi Gras or Burning Man.

The Hippies of the 1960s used clothing as a means of self-expression, to break free from the humdrum monotony of post-war America. This carried on to the 1980s and 1990s as the Wearable Art Movement, in which artisans exhibited their designs and skills on the moving format of the human body.

Quilters quickly joined in the act of being able to wear or display their own artwork



as clothing. And staged shows like the Fairfield and Bernina Fashion Shows encouraged sewing designers to take clothing as art to an extreme level, often becoming not very “wearable” but definitely interesting.

Lynda will be showing several of her art garments from past Bernina Fashion Shows.

This meeting will also feature the annual fashion show of the Wearable Art group.

President's Letter

In my former world of running a not for profit organization I spent a fair amount of time studying both organizational development and personality styles. This training has proven extremely valuable in both my personal life, my aspiring career as an artist, and in my volunteer life. As FRCQ changes leadership, I realize all the gifts of every individual volunteer has worked so well together.



I need people supporting me who are detail oriented and good at organization. I appreciate the gifts of every board member; Susan Brooks, Linda Strand, Laurie Gibbs, and Susie Apte in particular have ensured FRCQ has meaningful programs, learning opportunities and exhibits. Jeanne Grey and Cindy Jarest have been their able and helpful support team. Jane King quietly keeps finances and by-laws relevant and current. Ellen Nepustil has organized membership and kept it up to date. Lea McComas took on the secretary role when her personal commitments were many. Moira Mallison has faithfully created a meaningful newsletter every month. Julie Bennett and Eileen Walsh have also faithfully brought snacks and drinks for us to enjoy. I cannot thank these people enough. There have been many others behind the scenes helping.

The support I have received from so many people has been extremely meaningful to me. I know FRCQ will continue to support quilt artists, who want to grow and expand their art. It is based on mutual interest, personal caring and support. FRCQ has brought me from being a fledgling quilt artist to a competent and creative mixed media collage artist. My friendships with many people I have met through FRCQ will stay with me forever.

I have made it my goal to help us as a group become more welcoming and friendly. I will never forget how scary my first meeting was when I barely knew anything about the art of creating quilts. I may appear to be an extrovert, but the truth is I learned the skills of meeting people and networking from my former career I overcame my introvert tendencies and created my personal rule of forcing myself to talk to at least three new people when I am in a group environment.

You are probably sick of my mantra to talk to three new people but I do believe we all are more open and have many more people to enjoy at a meeting. Also, by forming new critique groups, many have deepened these friendships. As I wind down my two years as president I know the friendly supportive board that continues on will promote our personal growth as artists and our group growth in being mutually friendly and supportive.

Bits and Pieces is the monthly newsletter of the Front Range Contemporary Quilters. Submission of art quilt related articles from members is welcomed. The editor and the Board reserve the right to edit for length, content and space. Deadline for submissions to the newsletter is the Thursday following the monthly meeting. Email articles and items for submission to the publication to: Moira Mallison
news@frcq.org

Advertising Policy:

Classes offered by members are printed for free in the section called "Member Classes"; business cards of members or businesses with services of interest to our members are printed for (3-1/2"x2") \$5 per issue; 1/4 page (3-1/2"x4-3/4"), \$20.00 per issue; 1/2 page (7-1/2" x 4-3/4"), \$40.00 per issue; full page (7-1/2"x9-3/4"), \$80.00 per issue. All advertising should be submitted along with payment to the newsletter editor by the deadline. Contact Moira at news@frcq.org for payment address.

Bits and Pieces is a benefit of membership in Front Range Contemporary Quilters and is not available by subscription. Membership in FRCQ is \$30 per year, due and payable January 1 of each year. Dues may be sent to membership chair.

FRCQ, Attn: Membership
P.O. Box 351551
Westminster, CO 80035-3551

Change of Address:

Please notify membership chair, Ellen Nepustil, for any change of address. members@frcq.org

2013-2014 Board Members

President	Jean Herman
(720) 932-7961	president@frcq.org
Vice Pres./Programs	Laurie Gibb
Secretary	Lea McComas
Treasurer	Jane King
Membership	Ellen Nepustil
Exhibits	Linda Strand
Workshops	Susan Brooks & Jeanne Gray
Communications	Moira Mallison

Other Contacts:

Website	Kathy Keating
New Skills Workshops	Susan Apte & Cynthia Jarest
Yahoo List	Jeanne Lounsbury

2014 Workshops



Watch your email for notification that the registration form is available on the website.

Quilt Collage Inspired by a Favorite Artist Jean Herman

Friday- Saturday

September 12-14, 2014

Bring a photo or art book with pictures from an artist you love. Learn to interpret an artist's style through line, shape, color and composition choices. Learn how to use large blocks of fabric to create your composition using a design board and pins. Once a composition is blocked in you will use gel medium and small pieces of various fabrics to create your new collage piece.

Gateway Canyons Presents
ALEGRE RETREAT 2015
An Annual Art Quilt Conference ~ April 19th -April 24th, 2015
Featuring: Joe Cunningham, Jane Dunnewold, Linda Colsh and Katie Pasquini Masopust

Alegre Retreat is an escape from everyday life for art quilters to come together to learn and share their expertise.

Packages include all class instruction, special lectures and events, lodging, gratuities, food and beverage, premiums and much more!

Six-day Packages start at \$1,845.00
Packages are priced per person based on double occupancy, excludes taxes.

Joe Cunningham
Jane Dunnewold
Linda Colsh
Katie Pasquini Masopust

For more information or to make a reservation – Please call 970-931-2458
43200 Hwy 141 | Gateway, CO 81522 | www.gatewaycanyons.com | www.alegreretreat.com | katiepm505@gmail.com

FRCQ Exhibits

FRCQ hosts juried exhibits of fiber art created by our members. These are our current and upcoming fiber art exhibits.

“CREATION” Health – Rocky Mountain Adventist Healthcare Foundation’s Healing Arts Program

January 1 – November, 2015

Complete Information on FRCQ website beginning May 15, 2015.

Due date for entry – Oct 6, 2014 (Entry open on-line Sept 1 – Oct 6, 2014)

Notification of selected work – Nov 30, 2014

Delivery of Art by Dec 18th

Jurors: Adventist Hospital Healing Arts Directors and Marianne Williamson.

For more information about Marianne, visit her website at www.movingthreads.com.

The mission of the Healing Arts program is integration of the arts into healthcare, creating an environment not just to treat illness, but to provide an inspiration for living.

This exhibit will feature contemporary fiber art inspired by “CREATION” Health.

“CREATION” Health is about wellness and serves as an acronym for full health. This model is the core of the Adventist Health System’s understanding of health and healing.

The program promotes learning to live the 8 essentials of optimum physical, mental and spiritual health:

“C” – choice

“R” – reset (relaxation)

“E” – environment

“A” – activity

“T” – trust

“I” – interpersonal relationships

“O” – outlook

“N” – nutrition

Portfolio 2015 – The Best of 2014 FRCQ Website Portfolio

Juror: Jason Pollen

January – December 2015

Web-based Exhibit, FRCQ Website

Due date for entry – Nov 10, 2014 (Entries will be by mail between Oct 13 and Nov 10.

You must be a 2015 member of FRCQ.)

Jury of Art - Dec 4, 2014 (art must be available to juror for inclusion in this exhibit)

In person juror critique with Jason Pollen - Dec 5 – 6 (optional)

Notification of Acceptance – Dec 8

Photo Delivery – Dec 19

Exhibit Posted On-line – Jan 1, 2015

Portfolio – Best of 2014 is a web based exhibit open to members of the Front Range Contemporary Quilters. The annual show is the home page feature for FRCQ and is used to display the best work completed in 2014.

Art must be available for review by the juror December 3 through December 7.

FRCQ will also be offering the opportunity to meet, one to one, with Jason Pollen to discuss your entries to portfolio. Critiques will be for 30 minutes and will be offered on Friday, December 5 and Saturday, December 6. A fee of \$50 will be in addition to the entry fee into the exhibit. Sessions will be at the home of Susan Brooks in Louisville.

Jason Pollen received his undergraduate and graduate degrees in painting at The City College of New York. City He was on the faculty of the Royal College of Art in London, Parsons School of Design, and Pratt Institute before serving as chair of the fiber department at Kansas City Art Institute.

Click [here for entry form](#) and [here for critique registration form](#).

Bits & Pieces from Members

Critique Group: South of Denver

Rose Legge would like to form a critique group for FRCQ members that live south. If you live in Parker, Elizabeth, Castle Rock, Monument or Colorado Springs and would like to be part of a group please contact Rose at rlegge@centurylink.net or at 303-663-3181.

Do you have something to crow about? We want to celebrate with you! Or want to publicize upcoming classes? Listing them in our newsletter is a benefit of membership.

The information in this section of the newsletter is based entirely upon submissions by members. Images welcome!

Send information to news@frcq.org.

Transfer Mania

Two days with Jo Fittsell covering a myriad of ways to transfer images to fabric and paper, including gel medium transfers; TAP paper, Gel Peel Transfers; Antique Pours; Ink Aid, China Pencil, and Donut Paper Transfers.

Friday Oct 10th & Sat Oct 11th, 930-3:30. The Garage in Louisville (Susan Brooks' studio). Cost: #120
Contact Jo at jofittsell@gmail.com for more information.

Catching Fire

Regina V. Benson
September 18 – October 11, 2014

Ice Cube Gallery
3320 Walnut St
Denver, CO 80205

makeitsew

6811 W. 120th Ave. #1E, Broomfield
Northwest corner of 120th Ave. & Main St.
Mon-Fri 9am-5:30pm
Sat 10am-4pm

<p style="color: red; font-size: 1.2em;"><i>Wonderful Wednesdays</i></p> <p>4th Wednesdays Sept. 24 and Oct. 22</p> <p style="text-align: center;">9 to 11AM</p> <p style="color: red; font-size: 1.5em;"><i>Free!</i></p>  <p>Your Hostess <i>Jessica Casady</i></p> <p>Educational Demos Show & Tell</p> <p style="color: green; font-style: italic;">Space is limited - Call to reserve a seat today!</p>	<p style="font-size: 0.8em;">Excludes Rayon Batik & Wide Backing. Ex. Oct. 31, 2014. Sorry, no special orders.</p> <p>JANOME MyStyle 100</p> <p>13 Stitches Free Arm Drop Feed</p>  <p style="color: purple; font-size: 1.2em;">\$199</p> <p style="font-size: 0.8em;">\$299 Sugg. Retail Expires Oct. 31, 2014</p>	<p style="font-size: 2em; color: green;">50%off</p> <p style="text-align: center;">Any One Regularly Priced Store Item</p> <p style="font-size: 0.8em;">Exclusions: sewing machines, repairs, fabric, furniture, special orders, classes, HQ accessories, and sew money. May not be combined with any other sale offer. One per household. Expires Oct. 31, 2014</p>	<p>Handi Quilter</p> <p>Longarm or Sit Down Models Fusion 24" • Avante 18" • Sweet Sixteen ProStitcher Computerized Quilting</p> <p style="color: purple; font-style: italic;">Free Longarm Workshop \$250 Value</p>  <p style="font-size: 0.8em;">Expires Oct. 31, 2014</p>
<p style="font-size: 2em; color: purple; font-weight: bold;">FABRIC \$899</p> <p>JANOME Embroidery, Quilting & Sewing</p> <p>Value Added: 2 Educational Workshops Free Machine Service Free Gift MC15000</p> 		<p style="color: green; font-size: 1.2em;">Introducing</p> <p style="color: red; font-weight: bold; font-size: 1.5em;">NECCHI</p> <p style="color: blue; font-style: italic;">style</p> <p style="font-size: 0.8em;">MC8900QCP Expires Oct. 31, 2014</p> <p>Test Drive One Today</p> 	

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Financing Now Available

Meeting Summary – Katie Fowler

Art Quilts
Katie Pasquini Masopust
www.katiepm.com
September 15, 2014

Katie “PM” shared a visual feast with a wonderful slide show highlighting the art quilters who have influenced her work. The list of those she highlighted follows. Give yourself a gift. Fix a cup of tea, pull up your favorite computing device, and enjoy a personal tour of some of the best of the best!

- [Michael James](#)
- [Nancy Crow](#)
- [Judi Blaydon](#)
- [Yvonne Procella](#)
- [Nelda Warkintin](#)
- [Ruth McDowell](#)
- [Carol Shin](#)
- [Wendy Huhn](#)
- [Fran Skiles](#)
- [Marcia Hewitt Johnson](#)
- [Elizabeth Busch](#)
- [Nancy Erickson](#)
- [Terry Hancock Mangot](#)
- [Susan Shie](#)
- [Leslie Gabrielse](#)
- [Judith Content](#)
- [Linda MacDonald](#)
- [Valerie Goodwin](#)
- [Sue Benner](#)
- [Linda Colsh](#)
- [Joe Cunningham](#)
- [Jane Dunnewold](#)

Connections

We are all familiar with our president Jean Herman’s “assignments” to meet new people during the break at our meetings.

While this newsletter is the “official” communication vehicle of the organization, there are also some informal communication channels to help us stay connected between meetings. These are administered by volunteers and are not officially connected to FRCQ.

[FRCQ Facebook Page](#): “Like” the page to have postings show up in your newsfeed. Facebook Hint: if you “like” individual posts, you’re more likely to see subsequent posts made to the page. Linda Strand and Kathy Keating are the administrators of the page.

[Front Range Fiber Artists Facebook Group](#): This is an open group for Front Range fiber artists to share and discuss their art and post upcoming fiber art events, administered by Carol Ann Waugh.

[FRCQ Yahoo Group](#): a discussion list for FRCQ members. This is a closed list, and is not listed in the Yahoo directory to prevent spam postings. Messages (10-12 per month on average) are sent directly to you email inbox. Administered by Jeanne Lounsbury. To subscribe send an email to frcq-subscribe@yahoogroups.com. Once you are a member, you can post to the list by sending an email to frcq@yahoogroups.com.

Blog of the Month ~ Marjorie Jannotta



Four in a Row by Do Palma

This is the seventh in a series to acquaint you with blogs of FRCQ fiber artists.

Do Palma

<http://www.dopalma.com>

Do Palma is well known to FRCQ members through her frequent inclusion in regional shows and also as a recent program panelist discussing her artist's residency at Wyoming's Brush Creek Ranch. She began her blog in part as a gesture of gratitude for this honor. This spring, Do was additionally awarded one of three visual arts fellowships by the Wyoming Arts Council. Throughout 2014, Do is showing her work in several venues regionally and as far away as Mexico.

A Cheyenne resident, Do describes herself as a "fiber artist plus" because her interests also include printmaking, beading, and other embellishment. Much of her work is Latin-influenced as she grew up in Venezuela. FRCQ members might recall her distinctive use of color in folkloric renditions of crows, religious imagery, and other Latin iconography.

Another of Do's visual themes is political. She sees this work stream as an invitation to conversations about environmental stewardship and the human condition.

(all images used by permission of the artist)

Do says that working on her blog this year has given her a chance to take a look at what she was doing (especially at Brush Creek Ranch), examine potentials, and clarify new directions. While a lot of Western artists focus on landscape, it was spending time at Brush Ranch that inspired Do to make her current landscapes, and several of these will be or have been or will be exhibited this year.

Do's blog is new, and she is exploring different approaches to its continuation and maturity over time. While she would encourage those who want to begin their own blog, she cautions that there are technical hurdles and a time of learning and tinkering to get it right. She says her blog is a work in progress and advises patience in both creating and following a blog.



2015 FRCQ Membership Information

2015 FRCQ Membership Form

PLEASE PRINT CLEARLY

Mail to: FRCQ, P.O. Box 351551, Westminster, CO 80035-1551

Date: _____ Early Bird Dues (Before 12/31/14) are \$25 Dues are \$30

Cash Check Renewing Member New Member

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

The FRCQ newsletter is delivered by email. Please print clearly, especially if there is an underscore or dot in the address.

EMAIL: _____

WEB SITE: _____