

Bits and Pieces

Newsletter

July 2014



Next Meeting

July 21, 2014

6:00 to 9:00 pm

FRCQ Celebrates 25 years!

with Demos & Desserts, Fun & Games and Anniversary Cake

It is traditional to bring hors d'oeuvre or dessert to our July Desserts and Demos meeting. This year we hope people will lean towards savory rather than sweet food since we will be having a 25th Anniversary Cake.

In addition you need to do a little preparation for the games:

1. Please know how many years you have been a member of FRCQ. (You may have to approximate the years, but you need to know this when you arrive at the Welcome Desk.
2. Bring something that is fiber art related that you no longer need or want and that you are willing to share. This should be carefully concealed in a paper bag. Put your name on the bag.
3. Bring an ugly (I mean ugly) fabric to show us. We've all got them, or we've even made them!

After our 25th celebration we will have Demonstrations.

Using Golden Products to Enhance Fiber Art - Jo Fittell will demo how she attaches fabric to board, how to transfer images, and how to make marks or write on fabric use the new High Flow Acrylics.

Needlefelting - Gerri Calpin will demonstrate an unconventional method of needlefelting using scraps to create a new look, to add texture, and even to sculpt.

Silk Fusing - Susan DuBois will demonstrate the incredibly easy technique of creating lustrous felt or paper that can be used for interpreting no-sew applique designs, creating art quilts or designing mixed media creations.

A New Applique Tool - Denise Labadie Snell will introduce us to a new turned edge applique tool, Apliquick, that will make a perfect circle or curved edge that could be stitched by hand or machine. She will also demonstrate two types of scissors and special tweezers to be used with the applique tool.

President's Letter

July means fireworks, picnics, hiking and a trip to the mountains. July is when you are still excited about summer and not sick of it being too hot in the middle of the day. Celebrating our nation's birthday is a time we can all come together and put our differences aside; if your tradition is to have tacos, hot dogs or kimchi it is still a coming together of all Americans.



Celebrating is what FRCQ will do at this upcoming July meeting; it is chance to honor all of our members past and present. We thank our founding Mothers for creating such a wonderful supportive atmosphere. We will have our usual demo night and will share food honoring all of our food preferences. If you have a family favorite snack or sweet to share bring it. Thanks to Laurie Gibb for designing an engaging and celebratory evening. Don't forget to bring something you want to give away in a brown bag. I am thinking on what my item will be.

While I am thinking about the traditions established by FRCQ I again go to thoughts of critique groups. Last month *Boundless Fiber Artists* showed their work. Each person pointed how the piece was improved from feedback they received in the critique process. Colleen Bammann has worked hard to help more groups form. Yet last month at the meeting several people asked me how to connect to join a group or to form one. I am a bit at a loss because I am not familiar with all the various groups.

If you belong to a critique group, please email me president@frcq.org. Obviously if just one person from each group contacts me it would be great. Please tell me when you meet, the best contact person, where you meet and if you have a general geographic area where your members live. Also, please tell me if you are open for new members. Also, if you are available for a visiting guest to get a sense of how a group works. The beginnings of this list are on page 5, and will be a regular part of the newsletter. We may add the information to the website as part of the website enhancement project.

I hope we can follow FRCQ tradition and creatively develop a way for all our members who want a critique group opportunity to find a group that will work for them.

Bits and Pieces is the monthly newsletter of the Front Range Contemporary Quilters. Submission of art quilt related articles from members is welcomed. The editor and the Board reserve the right to edit for length, content and space. Deadline for submissions to the newsletter is the Thursday following the monthly meeting. Email articles and items for submission to the publication to: Moira Mallison
news@frcq.org

Advertising Policy:

Classes offered by members are printed for free in the section called "Member Classes"; business cards of members or businesses with services of interest to our members are printed for (3-1/2"x2") \$5 per issue; 1/4 page (3-1/2"x4-3/4"), \$20.00 per issue; 1/2 page (7-1/2" x 4-3/4"), \$40.00 per issue; full page (7-1/2"x9-3/4"), \$80.00 per issue. All advertising should be submitted along with payment to the newsletter editor by the deadline. Contact Moira at news@frcq.org for payment address.

Bits and Pieces is a benefit of membership in Front Range Contemporary Quilters and is not available by subscription. Membership in FRCQ is \$30 per year, due and payable January 1 of each year. Dues may be sent to membership chair. FRCQ, Attn: Membership
P.O. Box 351551
Westminster, CO 80035-3551

Change of Address:

Please notify membership chair, Ellen Nepustil, for any change of address. members@frcq.org

2013-2014 Board Members

| | |
|---------------------|--|
| President | Jean Herman |
| (720) 932-7961 | president@frcq.org |
| Vice Pres./Programs | Laurie Gibb |
| Secretary | Lea McComas |
| Treasurer | Jane King |
| Membership | Ellen Nepustil |
| Exhibits | Linda Strand |
| Workshops | Susan Brooks & Jeanne Gray |
| Communications | Moira Mallison |

Other Contacts:

| | |
|----------------------|-----------------------------|
| Website | Kathy Keating |
| New Skills Workshops | Susan Apte & Cynthia Jarest |
| Yahoo List | Jeanne Lounsbury |

2014 Workshops

From Watercolor to Quilt

Katie Pasquini Masopust

Friday- Sunday

September 12-14, 2014*

Abstract watercolor painting using 10 different painting techniques. Then, using a cropped painting a template will be enlarged and translated with fabrics into a quilt.

*If we have enough, we will hold a second workshop from Monday-Wednesday

Click [here](#) to register!



FRCQ Needs Your Help!

The board is recruiting volunteers for the following positions,

Meeting Technology: The first position is a person who has good skills with the technology involved in computers and overhead projectors. If you know which connector goes where and how to set up a power point, let Laurie Gibb know. It is not a big time commitment. It just means showing up for the monthly meeting at 6:20 and being sure all the systems are set up properly.

Website Project Manager: The second role is to chair an ad hoc committee to evolve the FRCQ website to its next stage of sophistication. Your role will be to lead the committee select a website development vendor to customize our website for online membership dues and highlighting artists' profiles. You will communicate with the vendor during implementation. You don't need to have web technology experience; however it would help if you have a good understanding of using WordPress. You primarily need to be well organized and able to communicate with the vendor. Expected time commitment would be 1-3 hours a month for the next 4-5 months. We want a new website ready for 2015 memberships by November 2014. Contact Moira Mallison (news@frcq.org) if you can help.

FRCQ Exhibits

FRCQ hosts juried exhibits of fiber art created by our members. These are our current and upcoming fiber art exhibits.

“CREATION” Health – Rocky Mountain Adventist Healthcare Foundation’s Healing Arts Program

January 1 – November, 2015

Complete Information on FRCQ website , Exhibits tab.

Due date for entry – Oct 6, 2014 (Entry open on-line Sept 1 – Oct 6, 2014)

Notification of selected work – Nov 30, 2014

Jurors: Adventist Hospital Healing Arts Directors and Marianne Williamson.

Delivery of Art by Dec 18th

Meet Marianne Williamson

My work and my philosophy of living: Life is always changing in one way or another and the world around me is always moving, swaying in the breeze, or changed by light.

Light, and movement are the main subjects that I have been portraying all my life.

Space has also become a focus of my work in the last 10 years. This also involves light, either the light from the sun or explosions that happened light years away from us.

Even water reflections involve light on water. Light under the sea or shining down through water to the streambed below, it all is a recurring theme. I was raised in Switzerland where the sun is hidden by clouds for long periods of time, so I left for East Africa to teach there when I was 22. I have been following the sun all my adult life.

Somehow I equate light with happiness! It is also a sign of optimism. “Happiness is a decision”. I don’t know who said it first, but I try to live by it; for the sake of my children, grandchildren and myself.

For more information about Marianne, visit her website at www.movingthreads.com.

This exhibit will feature contemporary fiber art inspired by “CREATION” Health.

“CREATION” Health is about wellness and serves as an acronym for full health. This model is the core of the Adventist Health System’s understanding of health and healing.

The program promotes learning to live the 8 essentials of optimum physical, mental and spiritual health:

“C” – choice

“R” – reset (relaxation)

“E” – environment

“A” – activity

“T” – trust

“I” – interpersonal relationships

“O” – outlook

“N” – nutrition

Portfolio 2015 – The Best of 2014 FRCQ Website Portfolio

January – December 2015

This show is the year-long web based exhibit of selected pieces created by FRCQ fiber artists in 2013. The juror for the show will be Jason Pollen. Information will be available in September, 2014.

Art Quilting – Past, Present and Future

Rocky Mountain Quilt Museum, Golden Colorado

May 1 – July 29, 2014

This show demonstrates the progression of art quilting from historical quilts selected from the RMQM archive to the work created by today’s fiber artists.

Bits & Pieces from Members

Annette Kennedy's quilt, "Longs Peak Rhapsody", won the Best of Show award at the *FACE of Fiber in the Rockies* show in Estes Park, CO in June.



Do you have something to crow about? We want to celebrate with you! Or want to publicize upcoming classes? Listing them in our newsletter is a benefit of membership. Send information to news@frcq.org.

Critique Groups

South of Denver

Rose Legge would like to form a critique group for FRCQ members that live south. If you live in Parker, Elizabeth, Castle Rock, Monument or Colorado Springs and would like to be part of a group please contact Rose at rlegge@centurylink.net or at 303-663-3181.

Central Denver

Usually meets the 4th Wednesday, 7-9:30 pm at a member's home . Contact Jean Herman, president@frcq.org, to attend as a guest, which would be the first step in joining the group.

Surface Design Association

Members of SDA meet on the 2nd Saturday of the month from 10am-12pm. We meet in the Denver area , often in the community room of the Hearthstone co-housing development. Barb Beasley is the coordinator and announces the meeting on the SDA blog.

*We'd like to expand these listings!
If you belong to a critique group, please email Jean Herman at president@frcq.org. Please include when you meet, the best contact person, where you meet and if you have a general geographic area where your members live as well as if the group is open for new members.*

Meeting Summary ~ Katie Fowler

The Unseen

June 16, 2014

Betty Busby

Once again, the speaker at a FRCQ meeting provided inspiration and information. While delighting us with slides of some remarkable work, Betty shared her experiences as a lifelong artist.

Her formal art education came from Rhode Island School of Design where she was relegated to the end of the hall with the other “craft” students, as she was a ceramics major. The “Art School Hierarchy” is as follows: sculptors, painters in this order: oil, acrylic, watercolor, then the crafts (ceramics, glass, textiles)...She also mentioned a glass guy who hung out in the stairwells, Dale Chihuly. Betty then went on to say that there is NO distinction in the Japanese culture between art and craft. She said about our work, “It is what you make it, not what others say it is.”

Betty’s current work references microscopic images. Her images are adaptations, not copies of images. Most microscopic images are either black and white or colorized, so there is no right or wrong colors. This gives Betty a tremendous amount of freedom in her art. She emphasized her philosophy of NO RULES throughout the presentation.

Betty also shared what a typical day as a working artist looks like for her. She has been making fiber art full time since 2002. She takes care of all business stuff first thing in the morning. This is the one part of her life where she has and follows rules, taking care of things like checking “Art Daily”, checking art websites, and taking care of other business items until lunch time (3-4 hours). After lunch, Betty often works until about 11pm in her studio making art.

Many of us sat mesmerized while Betty generously described some of the techniques and materials she used while creating her unique fiber art.

- non-woven material (spun polyester she paints) comes from Museum Services Corporation
- the fusible is from SpunFab, they have several weights, the weight Betty likes is about \$40 for 10 yds x 52”
 - 1) paint spun polyester
 - 2) fuse
 - 3) cut with heat tool
- loosely woven black mesh comes from JoAnn’s at Halloween time, “Graveyard Mesh”
- vessels are stiffened with a product called Heat N Shape
- armature for large vessels are sono-tubes used for shaping concrete from the hardware store or Concrete Supply Company (larger variety of sizes)

Betty shared her philosophy, her process, and her procedure with us. Thank you, Betty, for an informative and inspiring evening!

Blog of the Month ~ Marjorie Jannotta

This is the fourth in a series to acquaint you with blogs of FRCQ fiber artists.

Margaret Abramshe

metaphysicalquilter.com

Margaret Abramshe's website opens: ***The Metaphysical Quilter – Art as a Spiritual Practice***. Clearly there is more going on here than “surface design.” You can explore beneath that surface by clicking on the blog link.

Margaret started her blog two years ago, and it now traces a transitional period in her work and life as she becomes a full-time studio artist, workshop leader, and lecturer. She began the blog to share her process with others and also to make tangible her decision to be “serious about” her art by developing a readership, an audience, and ultimately a larger market. She has since been juried into shows local, regional, and national. A primary interest of hers is to continue developing a body of work that is cohesive and represents her individual style and voice.



Souls That I Pray To



The Boy and the Butterfly Effect

As a lifelong art teacher, Margaret understands that “writing about your process” is important in gaining mastery as a learner, because this type of writing demands critical reflection and objective self-assessment. A recent post discusses the Artist’s Statement, and she assesses her own such statement using specific criteria (one of many teaching/learning aspects of this blog). I will leave it to you to discover her final self-appointed grade on her personal statement, but she is unflinching and a model for us all.

Her collages are layered in several senses: technique; materials; storylines; recurring themes; deep conviction; the iconic; the esoteric; the playful; the lovely and the looming. She reaches across disciplines and media until each piece is just right according to her confident eye. She is not bound by conventional assembly or method and has been known to finish edges by painting them.

Her art provokes questions. Who is the little boy in the single-engine airplane? Is that a flying monkey? Why is the butterfly over her mouth? Refer to Margaret’s website and blog for answers.

All images are from her website.

Connections

We are all familiar with our president Jean Herman's "assignments" to meet new people during the break at our meetings.

While this newsletter is the "official" communication vehicle of the organization, there are also some informal communication channels to help us stay connected between meetings. These are administered by volunteers and are not officially connected to FRCQ.

[FRCQ Facebook Page](#): "Like" the page to have postings show up in your newsfeed. Facebook Hint: if you "like" individual posts, you're more likely to see subsequent posts made to the page. Linda Strand and Kathy Keating are the administrators of the page.

[Front Range Fiber Artists Facebook Group](#): This is an open group for Front Range fiber artists to share and discuss their art and post upcoming fiber art events, administered by Carol Ann Waugh.

[FRCQ Yahoo Group](#): a discussion list for FRCQ members. This is a closed list, and is not listed in the Yahoo directory to prevent spam postings. Messages (10-12 per month on average) are sent directly to you email inbox. Administered by Jeanne Lounsbury. To subscribe send an email to frq-subscribe@yahoo.com. Once you are a member, you can post to the list by sending an email to frq@yahoo.com.

2014 FRCQ Membership Information

2014 FRCQ Membership Form

PLEASE PRINT CLEARLY

Mail to: FRCQ, P.O. Box 351551, Westminster, CO 80035-1551

Date: _____ Early Bird Dues (Before 12/31/13) are \$25 Dues are \$30

Cash Check Renewing Member New Member

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

The FRCQ newsletter is delivered by email. Please print clearly, especially if there is an underscore or dot in the address.

EMAIL: _____

WEB SITE: _____