

Bits and Pieces Newsletter

May 2014



Next Meeting

May 19, 2014
Shelly Zegart

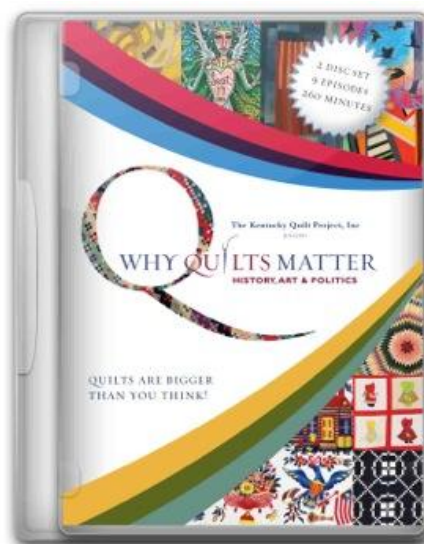
Why Art Quilts Matter

Since 1977 when Shelly Zegart first fell in love with quilts, she has curated numerous exhibitions here and abroad, lectured on all aspects of quilt history and aesthetics, and written for numerous publications. She was a founder of The Kentucky Quilt Project Inc., the first state documentation project, and The Alliance for American Quilts which originated [The Quilt Index](#).

A member of Appraisers Association of America and USPAP certified she appraises public and private quilt collections. Her private collection was acquired and exhibited by The Art Institute of Chicago in 2004.

Zegart was most recently the Executive Producer and Host for the nine part documentary "Why Quilts Matter: History, Art & Politics" that has been aired on more than 200 PBS stations. Zegart is a graduate of the University of Michigan.

www.shellyzegart.com



FRCQ meetings are held at the [Westminster City Recreation Center](#) at 7:00 PM.



President's Letter

Last night I attended the opening reception for The FRCQ Exhibit at The Rocky Mountain Quilt Museum in Golden. It was great to see so many FRCQ members enjoying the show. The exhibit, aptly named "Quilting, Past, Present and Future, exemplified the diversity of talent in FRCQ. We all owe a big thank you to Linda Strand for the thoughtfulness she used in displaying each piece and comparing it with antique pieces. Each piece from a FRCQ member was hung to point out the wonderful skills and techniques used by contemporary quilters.



As always, when I visit the Rocky Mountain Quilt Museum I marvel at the talent and creativity of our fore mothers who created such master pieces. Several of the quilts were almost 150 years old and still beautiful. I was drawn into the wonderful stitching and piecing that almost demands that you look at them very closely. The same charm was found in many of the pieces created by FRCQ members. Yes, we use some modern techniques such as the computerized sewing machine, photo enlargement and enhancement that is then reproduced on fabric and made into a quilt. We use paint, dyes, silk screens, and discharge paste but the results are as wonderful as the early pieces that are also on display.

I also enjoyed the many pieces that included exquisite hand stitching that enhanced the entire design on several pieces. All members of FRCQ should be proud of the exquisite art that is displayed. Tradition meets contemporary fiber artists; it is a special experience. If you couldn't make the opening or Linda Strand's talk discussing the techniques and similarities between old and new artists please consider stopping by Golden to see the show while it is displayed.

Thank you to all those FRCQ members that entered the show. It warms my heart to celebrate with artists that are new to having their work exhibited. It is what FRCQ is about; we encourage and mentor each other. We celebrate success when a fellow artist is able to display their work in a gallery.

Thank you again to Linda Strand and her volunteers who make this wonderful celebration of contemporary quilting and fiber art available to all of us to enjoy. Thank you also to Irene Berry and the staff at The Rocky Mountain Quilt Museum who hosted so graciously and provided the wonderful wine and appetizers. It is rewarding to create wonderful art but it is also gratifying to see art quilts hung in a gallery and displayed for many to appreciate.

Bits and Pieces is the monthly newsletter of the Front Range Contemporary Quilters. Submission of art quilt related articles from members is welcomed. The editor and the Board reserve the right to edit for length, content and space. Deadline for submissions to the newsletter is the Thursday following the monthly meeting. Email articles and items for submission to the publication to: Moira Mallison
news@frcq.org

Advertising Policy:

Classes offered by members are printed for free in the section called "Member Classes"; business cards of members or businesses with services of interest to our members are printed for (3-1/2"x2") \$5 per issue; 1/4 page (3-1/2"x4-3/4"), \$20.00 per issue; 1/2 page (7-1/2" x 4-3/4"), \$40.00 per issue; full page (7-1/2"x9-3/4"), \$80.00 per issue. All advertising should be submitted along with payment to the newsletter editor by the deadline. Contact Moira at news@frcq.org for payment address.

Bits and Pieces is a benefit of membership in Front Range Contemporary Quilters and is not available by subscription. Membership in FRCQ is \$30 per year, due and payable January 1 of each year. Dues may be sent to membership chair.

FRCQ, Attn: Membership
P.O. Box 351551
Westminster, CO 80035-3551

Change of Address:

Please notify membership chair, Ellen Nepustil, for any change of address. members@frcq.org

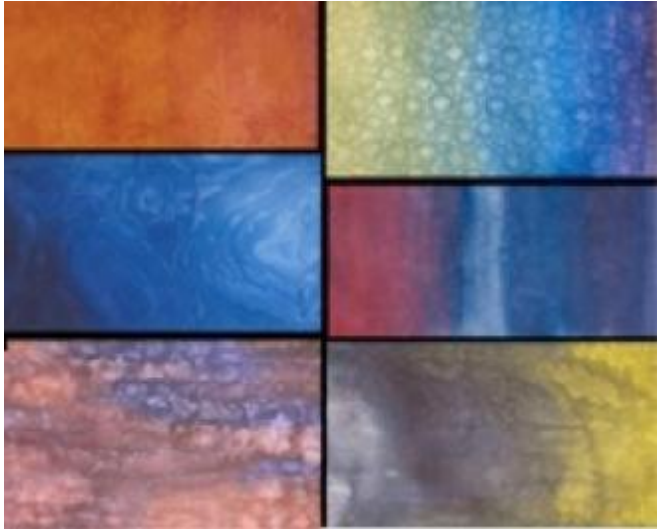
2013-2014 Board Members

President	Jean Herman
(720) 932-7961	president@frcq.org
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Secretary	Lea McComas
Treasurer	Jane King
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Exhibits	Linda Strand
Workshops	Susan Brooks & Jeanne Gray
Communications	Moira Mallison

Other Contacts:

Website	Kathy Keating
New Skills Workshops	Susan Apte & Cynthia Jarest
Yahoo List	Jeanne Lounsbury

2014 Workshops



Click [here](#) to register!

New Techniques with Paint

Betty Busby

Saturday, June 14th, 2014

Time: 9am – 4pm

Place: First Plymouth Church,
3501 S. Colorado Blvd, Denver, CO

This one-day workshop is devoted to exploring surface design on silk with dyenaflow paints. Get ready to experiment and have some fun.

Betty is a nationally renowned quilt artist and popular teacher. Don't miss this opportunity to learn some of Betty's unique methods of surface design. Check out Betty's website: www.bbusbyarts.com

From Watercolor to Quilt

Katie Pasquini Masopust

Friday- Sunday

September 12-14, 2014*

Abstract watercolor painting using 10 different painting techniques. Then, using a cropped painting a template will be enlarged and translated with fabrics into a quilt.

*If we have enough, we will hold a second workshop from Monday-Wednesday

Click [here](#) to register!



FRCQ Exhibits

FRCQ hosts juried exhibits of fiber art created by our members. These are our current and upcoming fiber art exhibits.

Art Quilting – Past, Present and Future Rocky Mountain Quilt Museum, Golden Colorado

May 1 – July 29, 2014

Show Description: This show demonstrate the progression of art quilting from historical quilts selected from the RMQM archive to the work created by today's fiber artists.

Portfolio 2015 – The Best of 2014 FRCQ Website Portfolio

January – December 2015

This show is the year-long web based exhibit of selected pieces created by FRCQ fiber artists in 2013. The juror for the show will be Jason Pollen. Information will be available in September, 2014.

Past Exhibits - Catalogs

Portfolio 2014 – The Best of 2013 FRCQ Website Portfolio

January – December 2014

The exhibit catalog is available at

<http://www.blurb.com/b/4967856-portfolio-2014-best-of-2013>. New this year, the catalog can be ordered in print or as an e-book.

Celebrating 25 Years of FRCQ Dairy Center for the Arts – Boulder, Colorado

January 24 – March 7, 2014

The exhibit catalog is available at

<http://www.blurb.com/b/5066405-celebrating-25-years-of-frcq>. This catalog can be ordered in print or as an e-book.

“CREATION” Health – Rocky Mountain Adventist Healthcare Foundation’s Healing Arts Program

January 1 – November, 2015

Complete Information on FRCQ website beginning May 15, 2015.

Due date for entry – Oct 6, 2014 (Entry open on-line Sept 1 – Oct 6, 2014)

Notification of selected work – Nov 30, 2014

Delivery of Art by Dec 18th

The mission of the Healing Arts program is integration of the arts into healthcare, creating an environment not just to treat illness, but to provide an inspiration for living.

This exhibit will feature contemporary fiber art inspired by “CREATION” Health.

“CREATION” Health is about wellness and serves as an acronym for full health. This model is the core of the Adventist Health System’s understanding of health and healing.

The program promotes learning to live the 8 essentials of optimum physical, mental and spiritual health:

- “C” – choice
- “R” – reset (relaxation)
- “E” – environment
- “A” – activity
- “T” – trust
- “I” – interpersonal relationships
- “O” – outlook
- “N” – nutrition

(See the article about designing art to relate to a theme on page 7.)

Other Exhibit Opportunities

May 31, 2014: *Small Vision, Big Voice* – The SAQA Regional (Colorado/Utah/Wyoming) has been known for creating innovative, out of the box pieces. This show, which has become an annual tradition, gives the creators of those kinds of works a place to have their work seen by a larger audience. <http://saqacowyo.wordpress.com/juried-small-works-call-for-entries/>

June 1 2014: *Inspired By*, sponsored by The Alliance for American Quilts. <http://www.allianceforamericanquilts.org/projects/galleries/Inspired%20By/guidelines/>

June 1 2014: Final deadline for SAQA Auction pieces. <http://www.saqacom.com/auction-submit.php>

June 30 2014: *The Art of Fiber. . . Celebrating Fifty Years of the Handweavers Guild of Boulder.*

This exhibition will show current trends in fiber art including weaving, basketry, felting, spinning, LED-weaving, art quilting, tapestry, knitting, crocheting, and other fiber-related arts. It will be installed throughout The Dairy Center for the Arts, Boulder, Colorado's premier arts venue. <http://www.handweaversofboulderentry.org/>

July 1 2014: *Fiber Innovations* is the first fiber arts show sponsored by the Parker Arts, Culture and Events Center (PACE) from Aug. 21 - Sept. 27, 2014. The show will focus on fiber art from the Rocky Mountain region. Non-functional wall art representing fiber media of all types are welcome. No entry fee. Up to three entries may be submitted. Artwork may be for sale or NFS. PACE will collect a 15% commission on all sales. For additional exhibit information and/or a prospectus, please contact Jan Thornton, 303-917-3402, janinemthornton@yahoo.com

Bits & Pieces from Members

Quilting by the Lake

July 21-25 2014

Judith Trager

<http://www.quiltingbythelake.com/>

Exploring the Surface: An Integrated Approach

Beyond Crazy: Contemporary Crazy Quilt Technique as Background

These workshops focus on simple but seemingly complex techniques--painting, free-motion machine embroidery, layering, and appliqué, and show you how to integrate these techniques with pieced work to create quilts and clothing which can be interesting and powerful.

Critique Group: South of Denver

Rose Legge would like to form a critique group for FRCQ members that live south. If you live in Parker, Elizabeth, Castle Rock, Monument or Colorado Springs and would like to be part of a group please contact Rose at rlegge@centurylink.net or at 303-663-3181.

Lea McComas won First Place in the Small Wall Quilt, Pictorial category with *Panning for Gold* at AQS Paducah Quilt Show. Her quilt can be seen in the [Portfolio 2014](#) exhibit.

Bits & Pieces from Members



Material Girl by Lea McComas

Contemporary Fiber: Colorado Invitational 2014
June 5 - July 19, 2014
Meet the Artists at the Opening Reception June 5, 5-10pm

Helikon Art Gallery is proud to announce a seminal exhibit of contemporary fiber art. Many major cities around the country have large annual fiber art exhibits but there has never been a major exhibit of fiber art in a privately owned contemporary art gallery in the city of Denver. This exhibit changes that.

Colorado is home to more than 350 fiber artists. Curated by Carol Ann Waugh, this invitational exhibit showcases innovative and cutting edge fiber art from 19 of the most important contemporary fiber artists living in Colorado today. The artists are: [Deidre Adams](#), [Christi Beckmann](#), [Regina Benson](#), [PJ Bergin](#), [Susan Brooks](#), [Lynn Cornelius](#), [Jessica Drenk](#), [Bonnie Ferrill Roman](#), [Jo Fittell](#), [Jean Herman](#), [Gay Lasher](#), [Mary McCauley](#), [Lea McComas](#), [Barbara O'Connell](#), [Jill Powers](#), [Jeffrey Richards](#), [Sara Rockinger](#), [Ray Tomasso](#), and [Valerie White](#).

Curated by Carol Ann Waugh

Helikon Gallery is located at 3675 Wynkoop St., Denver, CO
<http://www.helikongallery.com>

Do you have something to crow about? We want to celebrate with you! Or want to publicize upcoming classes? Listing them in our newsletter is a benefit of membership. Send information to news@frcq.org.

Meeting Summary – Katie Fowler

Inside Out, Upside Down, Backwards

April 21 17, 2014

Jason Pollen

Jason Pollen delighted us as he shared his artistic journey. He began adulthood as a ballet dancer, until he broke his knee. He then found his voice “behind the easel” and was PAID to go to graduate school!

Jason had many fascinating tales to tell, like discussing Marc Chagall’s painting with Marc Chagall and meeting and befriending the Dalai Lama!

He began his textile career after slipping in a design of his own when delivering the designs of a friend to the manufacturer. His work in collage led to textile design. Broke and enjoying textiles, his first piece was twigs tied to canvas. It was stunning in it’s simplicity. Coming full circle he is revisiting the twig idea in his current work.

Jason draws for two hours everyday. His current work is captivating in its simplicity. Having never known the “rules” Jason has forged his own path on his artistic journey. His creativity was evident in all his work, from embedding thread, silk, and acrylic paints in rubber to learning the suture stitch while recovering from surgery and incorporating it in his artwork.

Jason shared a wonderful example of the artistic life and creative habit.

Connections

We are all familiar with our president Jean Herman’s “assignments” to meet new people during the break at our meetings.

While this newsletter is the “official” communication vehicle of the organization, there are also some informal communication channels to help us stay connected between meetings. These are administered by volunteers and are not officially connected to FRCQ.

[FRCQ Facebook Page](#): “Like” the page to have postings show up in your newsfeed. Facebook Hint: if you “like” individual posts, you’re more likely to see subsequent posts made to the page. Linda Strand and Kathy Keating are the administrators of the page.

[Front Range Fiber Artists Facebook Group](#): This is an open group for Front Range fiber artists to share and discuss their art and post upcoming fiber art events, administered by Carol Ann Waugh.

[FRCQ Yahoo Group](#): a discussion list for FRCQ members. This is a closed list, and is not listed in the Yahoo directory to prevent spam postings. Messages (10-12 per month on average) are sent directly to you email inbox. Administered by Jeanne Lounsbury. To subscribe send an email to frcq-subscribe@yahoogroups.com . Once you are a member, you can post to the list by sending an email to frcq@yahoogroups.com.

Feature Article ~ Linda Strand

Designing Art to Convey a Theme

Several of the members that attended the meeting in April asked a question about how an artist would create a work that expressed a theme. In particular the theme for the upcoming show with the Adventist Hospitals. The theme for the show is “CREATION Health” and refers to a program they use for healthy living. “CREATION” represents the following lifestyle habits that the program promotes.

C – Choice
R – Relax (Reset)
E – Environment
A – Activity
T – Trust
I – Interpersonal Relationships
O – Outlook
N – Nutrition

I brought the discussion to my critique group and asked how they design art to a theme and I thought it might be helpful to give a brief recap of that conversation. I’m going to give two examples, one for an abstract piece and another for a more reality based approach.

We took the words “interpersonal relationships” and brainstormed what other words that brings to mind. Words like family, friends, or support group came up. When we talked about how you would graphically represent those ideas, the discussion went to “circles” – so might be a circle of friends, linked circles, circles within circles. So an abstract design that would convey that theme might be a piece that showed a variety of linked circles. Then you might choose a “calming” cool color scheme.

When it comes time to enter the piece, you will be asked to submit a paragraph about how the piece represents the theme and it might go something like this: “I chose to create a piece that shows connected circles representing my family and friends and how together those relationships support me as I live my life. The cool colors are calming for me.”

We tried the same exercise for artists that use a more reality based design technique and chose the word relax. The word association led to concepts like walking my dog, spending time in nature, a day at the beach, a hike in the mountains. So we chose a field of flowers as our inspiration for the art we would design and create.

In this case our paragraph might read: “I chose a field of flowers as something that helps me to relax and reset at times when my life seem to get out of control. This particular piece shows flowers that grow in my garden.”

Obviously some words are easier to use when creating thematic art than others but hopefully this gives you an idea on how to start thinking about designing theme related work for the upcoming Adventist Hospital show. We wanted to give you plenty of time to create new art that represents your approach to a healthy life and will inspire those that visit the exhibit so our entry deadline isn’t until October 6, 2014. I hope you enjoy the challenge and look forward to your entries.

Blog of the Month ~ Marjorie Jannotta

This is the second in a series to acquaint you with blogs of FRCQ fiber artists.

BARBARA YATES BEASLEY

<http://www.barbarayatesbeasley.com>

Many of us recognize Barbara Beasley's work from her distinctive animal portraits, which often offer traditional quilt motifs as a secondary feature.

Barb began her blog as a way to share her art and life with her nieces. It has grown to detail her activities as an artist-in-residence, professional association officer, and juror. The blog now reflects her inner life and concrete experiences as a working, prolific artist. Recently her blog was a surprise link in a social media chain that made for a very busy day: Barb suddenly had over 2,000 postings, two requests to teach out of state, and offers to purchase unfinished work.

Barb says that she is a shy person, but learning that others are "shy and scared too" has helped her push herself and stop being a "closet artist." She has become increasingly visible in the fiber art world, constantly perfecting her techniques, frequently exhibiting, and working on commission. Her pathway is well told through blog entries beginning in 2011. There you will also find practical tips to enhance your own work.

An editor friend encouraged her to develop the blog and Barb is quick to say that "every blog is edited." The result is a collection that offers good stories, articulate thoughts, and a professional style that is fun to read.

All photos in this article are from Barb's website.



Brooks



Beauty of the Beasts



Larry the Lounge Lizard

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2014 FRCQ Membership Information

2014 FRCQ Membership Form

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